

IHHS 402

May 31, 2010

Douglas Cave, MSW, RSW, PhD, RPsych, AMP
Centre for Practitioner Renewal

Providence Health Care
University of British Columbia

Centre for Practitioner Renewal (CPR)

- How do we sustain health care providers in the work place?
- What is the effect of being in the presence of suffering?
- What would be reparative, healing or restore resilience for health care providers?

Service, education and research/evaluation

Efficiency through relationship

Objective

- Safety
- Team Guidelines/Charter
- Personal boundaries
- Self check in

SIT

- Safety
- Trust
- Inclusion

Why Guidelines?

- Creating safety makes experience predictable
- Safety comes from predictability
- If we don't establish predictability explicitly, then it will happen implicitly

- We are more likely to negotiate ground rules with intimate partners
- We are more likely to follow the rules set by family/culture

Team Charter

- Leadership
- Defined purpose, mission, goals and objectives
- Job Descriptions
- Role Definitions
- Team Agreements
- Review
- Communication
- Dual Relationships
- Skills and skill sets
- Expressed Expectations
- Beliefs

Guidelines

C onfidentiality

E qual airtime

N on-judgemental listening

T imeliness

R ight to pass

E ngaged

Safety and What We Reveal About Ourselves

- Me
- Intimate Relationship
- Adult family
- Friends
- Colleagues
- Patient/Client
- General population



What Do We Choose to Reveal?

- What is your name?
- What are you studying?
- What is one reason you are taking this class?

Exploring Illness

F eelings (affect)

I mpression (cognition)

F unction (behaviour)

E xpectation (meaning making)

My FIFE

F eelings (affect)

I mpression (cognition)

F unction (behaviour)

E xpectation (meaning making)

My FIFE

- What am I feeling about my patient? (affect)
- What is my impression (judgement) about myself regarding my patient? (cognition)
- What are the effects of this patient on my functioning? (behaviour)
- What expectations do I have of myself? (meaning making)